





The Power of Sports

Sport is the world's most popular leisure pursuit, quite apart from major competitions and international leagues. But sport is also much more: It has the ability to connect and inspire people regardless of their age, social status and background. The Power of Sports observes those who seek passion, concentration, team spirit, competition and recognition through sport – people who have succumbed to its fascination.

464835

Documentary, 05 x 30 min., Arabic, English, Spanish

28 additional episodes available

Traile



464835 031

The Sky's the Limit - Daring Parachute Jumps

Three women test their limits with daring parachute jumps. One is a world champion parachutist. Another was recently made lieutenant in the French army's 1st Parachute Regiment. The third is a Muslim mother, from an immigrant family. The three women are united by their courage, as well as their determination to overcome their fears and their own internalized prejudices about their roles in society. But how does each of them deal with the moment when they must face their fears alone? The Great Leap, told from three perspectives.

Documentary, 30 min., 2024, HD; Arabic, English, Spanish

464835 032

Blind Soccer - When Other Senses Come into Play

The athletes of the French Blind Football national team spent a year preparing for the Paralympic Games. Their training highlights the special challenges faced by players as they find their way around the field. Communication is sometimes verbal, but the team also uses a variety of other methods. It's particularly important for players to rely on their other senses. Many of these top athletes train without pay. Blind football is still little known and, like many other parasports, underfunded. The games are an important chance to gain more recognition.

Documentary, 30 min., 2024, HD; Arabic, English, Spanish

464835 033

The Rhythms of Resilience - Breakers from Togo

Five breakdancers from Togo are determined to professionalize their discipline against all odds. Their goal is to get African breakdance crews into the Olympic Games. It's a dream that can only become reality if they join forces. The breakdancers find that some hurdles can only be overcome together. A story of individual emancipation and collective adventure.

Documentary, 30 min., 2024, HD; Arabic, English, Spanish

464835 034

From Head to Toe: Ball Games of the World

People's enthusiasm for the ball is timeless and universal. From Latin America to Europe and Asia, there are many types of games that center around the ball. Game traditions such as Jikunahaty in Brazil or Chinlone in Myanmar were developed thousands of years ago, while others, like cycle ball or Gaelic football, are newer. All are deeply rooted in culture. What the games also have in common is that they spur people on to ever-greater achievements, while strengthening their sense of community. What are the ideas behind these games? What types of balls were developed for each game's needs? And what are the rules and methods of play?

Documentary, 30 min., 2024, HD; Arabic, English, Spanish

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Ice Hockey in the Himalayas: A Race Against Climate Change

15-year-old Deachen wants to play on the Indian national ice hockey team. In her remote home village of Ladakh, 3,500 meters above sea level, she trains on frozen lakes. For a long time, she didn't even possess her own pair of skates. And now, the lakes are taking longer and longer to freeze over – as a result of climate change. This gives Deachen even less time to train on the ice. But with the support of her parents, Deachen is doing everything she possibly can to realize her dream.

Documentary, 30 min., 2024, HD; Arabic, English, Spanish



